

# HOW TO BE A TRANS ALLY AT WORK

Transgender is an umbrella term referring to gender and/or sexual identities outside the traditional male and female binary.

## BE INFORMED

- **GENDER IDENTITY** = How I feel (male, female, genderqueer)
- **GENDER EXPRESSION** = How I present my gender to others
- **SEXUAL ORIENTATION** = Who I am attracted to
- **BIOLOGICAL SEX** = Male sex organs, Female sex organs, Intersex

## BE INCLUSIVE

An inclusive workplace creates space for workers to be open about their gender identity and encourages diversity at work.



Inclusion is not about seeing others as YOU want to see them.  
Inclusion is about accepting how others see themselves. It's about respecting human rights!

## IT STARTS WITH YOU!

A strong union contract protects diversity and equity of all workers through inclusion.  
UFCW Canada works to protect the workplace and human rights of all workers on the job and in the community.

Find out more at [www.ufcw.ca/socialjustice](http://www.ufcw.ca/socialjustice)